



S Y L L A B U S

International Child Protection Training Module

Duration: 5 Days (Total: 20 Hours)

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1.0 Course Overview

This training module provides a comprehensive introduction to child protection within an international context. It explores the principles, practices, and responsibilities related to safeguarding children across cultural and legal systems. Through a blend of theory, case studies, and interactive activities, participants will learn how to recognize, prevent, and respond to child abuse and neglect.

1.1 Learning Outcomes

By the end of this training, participants will be able to:

- Define and explain key concepts in child protection.
- Identify various forms and signs of child abuse and neglect.
- Understand the reporting procedures in diverse legal systems.
- Create safe and supportive environments for children.
- Develop positive engagement and communication with families.
- Maintain professional boundaries when working with children.
- Practice self-care and recognize the impact of secondary trauma.

1.2 Training Methodology

- Interactive Lectures
- Case Studies & Role Plays
- Group Discussions
- Scenario Analysis
- Reflective Journals
- Visual Aids & Multimedia Content

2.0: Introduction to Child Protection (3 Hours)

2.1 Objectives:

- Introduce the fundamentals of child protection.
- Understand global child protection challenges.
- Define child abuse and its different forms.

2.2 Topics Covered:

1. What is Child Protection?
 - Definitions by UNICEF, WHO, and national agencies.
 - Child rights frameworks (e.g., UNCRC).
2. Importance of Child Protection
 - Global statistics and case studies.
 - Long-term impacts of abuse.
3. Types of Abuse and Neglect
 - Physical, emotional, sexual abuse, and neglect.
 - Exploitation, trafficking, and harmful cultural practices.
4. Signs and Symptoms
 - Physical and behavioral indicators.
 - Age-specific and gender-based vulnerabilities.
5. Reporting Procedures
 - Reporting laws in different countries.
 - Confidentiality and documentation.
 - Role of mandatory reporting.

2.3 Activities:

- Quiz: Types of abuse.
- Group discussion: Global vs local practices.
- Case Study: Reporting procedures across countries.

3.0 : Creating a Safe Environment for Children (3 Hours)

3.1 Objectives:

- Promote safe, respectful, and inclusive environments.
- Empower participants to proactively prevent abuse.

3.2 Topics Covered:

1. Setting Boundaries
 - Age-appropriate rules.
 - Informed consent and autonomy.
2. Building Trust
 - Active listening.
 - Child-centered communication.
3. Cultural Sensitivity
 - Reflecting on personal biases.
 - Respect for diversity and inclusion.
4. Physical Environment
 - Safety audits.
 - Accessible and child-friendly spaces.
5. Supervision Practices
 - Ratio standards.
 - Safe arrival and dismissal.

- Use of technology and cameras.

3.3 Activities:

- Group Activity: Designing a safe space.
- Reflection: Bias self-assessment.
- Role Play: Establishing boundaries in different settings.

4.0: Recognizing and Responding to Child Abuse and Neglect (4 Hours)

4.1 Objectives:

- Detect signs of abuse accurately.
- Respond to disclosures with empathy and competence.
- Understand the referral and protection process.

4.2 Topics Covered:

1. Recognizing Abuse
 - Behavioral red flags.
 - Differentiating between discipline and abuse.
2. Handling Disclosures
 - Do's and don'ts.
 - Creating safe disclosure environments.
3. Immediate Response Protocol
 - Initial response checklist.
 - Ensuring safety and non-judgmental attitude.
4. Referral and Protection Mechanisms
 - Local protection authorities.

- International agencies and protocols.

5. Preventing Further Harm

- Safety planning.
- Following up sensitively with children.

4.3 Activities:

- Scenario Practice: Responding to disclosures.
- Case Analysis: Intervention strategies.
- Group Task: Mapping national and international referral systems.

5.0: Working with Families (3 Hours)

5.1 Objectives:

- Develop skills for family-centered protective strategies.
- Improve communication with guardians and caregivers.
- Empower families in safeguarding roles.

5.2 Topics Covered:

1. Family Dynamics

- Socio-cultural contexts.
- Risk and protective factors in family environments.

2. Communication Strategies

- Trauma-informed conversations.
- Handling defensive or resistant parents.

3. Engagement Techniques

- Encouraging family participation.

- Educating on child development and discipline.

4. Supporting Families

- Identifying family needs.
- Referrals to support services.

5.3 Activities:

- Group Discussion: Parenting styles in different cultures.
- Simulation: Difficult conversations with caregivers.
- Workshop: Designing family engagement plans.

6.0: Professional Boundaries (3 Hours)

6.1 Objectives:

- Understand ethical guidelines.
- Recognize and resolve boundary issues.
- Maintain consistent, respectful conduct.

6.2 Topics Covered:

1. Definition of Professional Boundaries
 - Boundaries vs. barriers.
 - Power dynamics in adult-child relationships.
2. Importance of Boundaries
 - Preventing exploitation.
 - Avoiding favoritism and conflicts of interest.
3. Establishing Boundaries
 - Communication styles.

- Physical contact, gift-giving, and social media.

4. Responding to Violations

- Reporting misconduct.
- Reflective practices and debriefing.

6.3 Activities:

- Role Play: Ethical dilemmas.
- Self-Assessment: Boundary scenarios.
- Discussion: Real-world incidents and consequences.

7.0 : Self-Care (2 Hours)

7.1 Objectives:

- Understand the importance of self-care in high-stress environments.
- Build resilience and prevent burnout.

7.2 Topics Covered:

1. Vicarious Trauma & Burnout

- Symptoms and causes.
- Secondary traumatic stress in child protection work.

2. Wellbeing Strategies

- Mindfulness and coping techniques.
- Journaling, debriefing, and supervision.

3. Work-Life Balance

- Boundaries with work time.
- Rest and recharge routines.

4. Support Networks

- Peer support.
- Organizational responsibility for staff welfare.

7.3 Activities:

- Guided Reflection: “My Resilience Plan.”
- Group Activity: Stress management toolkit.
- Role Play: Seeking help from supervisors.

8.0 Conclusion and Wrap-Up (1 Hour)

8.1 Key Takeaways:

- Reinforcement of core principles.
- Sharing of key learning experiences.
- Commitments to apply training in the field.

8.2 Final Activities:

- Group Presentation: Child Protection Action Plan.
- Feedback Forms & Certificate Distribution.